



PICTORIAL
FIT-FRAIL
SCALE

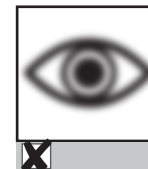
NAME: _____

DATE: _____

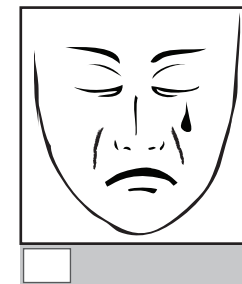
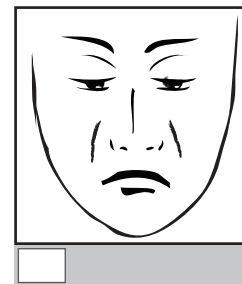
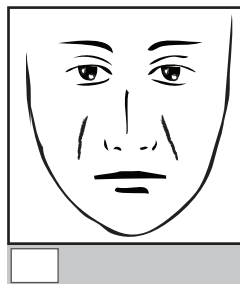
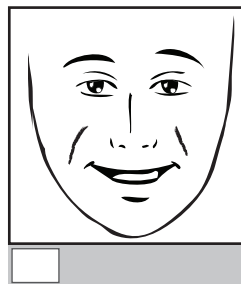
Instructions: This scale is intended to assess your USUAL state in different categories using pictures ordered from best to worst.

For each category, choose ONE picture that is closest to your USUAL state. Mark ☒ below that picture. There is no right or wrong answer.

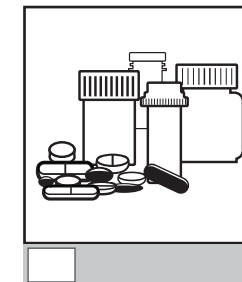
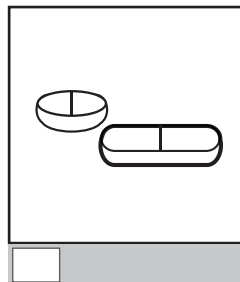
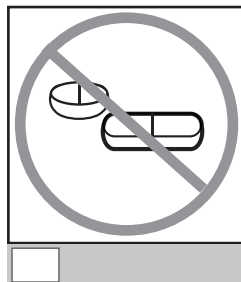
Example: If your USUAL vision is closest to the second picture mark ☒ as shown.



1 MOOD



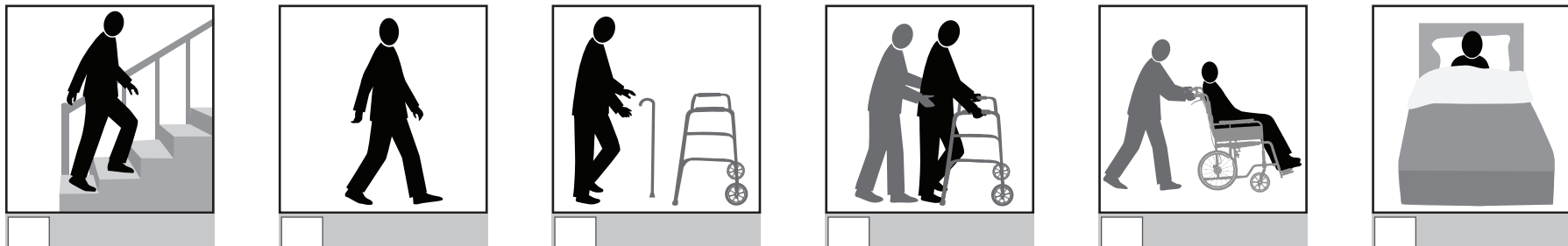
2 NUMBER OF MEDICATIONS



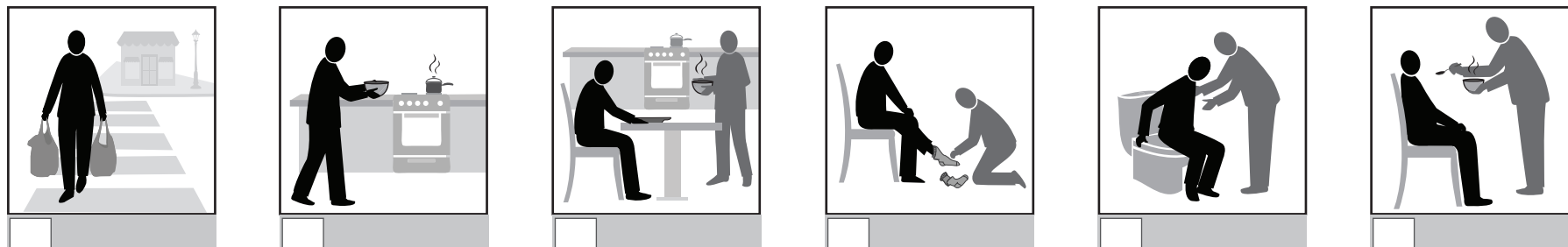
For each category, mark **ONE BOX** that is the closest to your **USUAL STATE**.



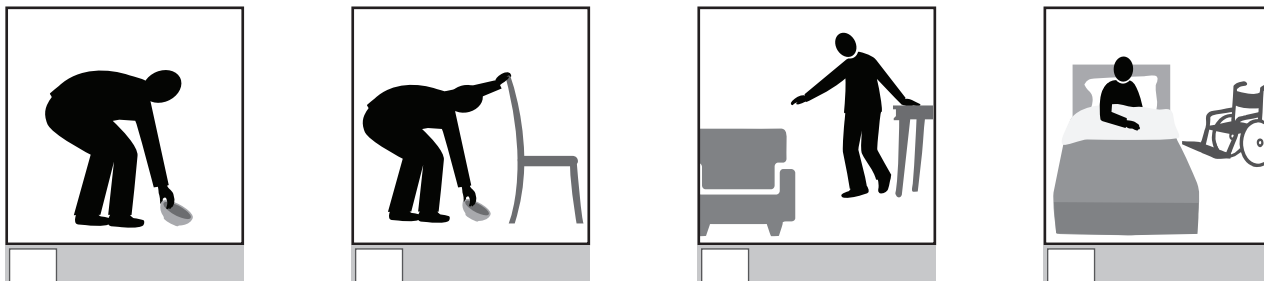
3 MOBILITY



4 FUNCTION



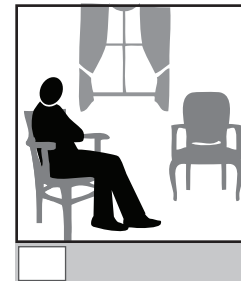
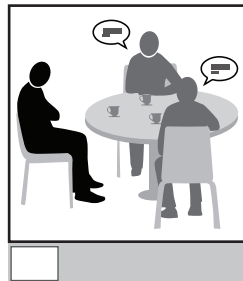
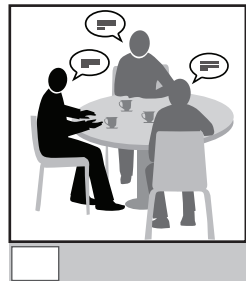
5 BALANCE



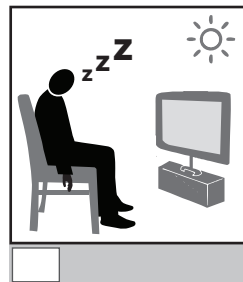
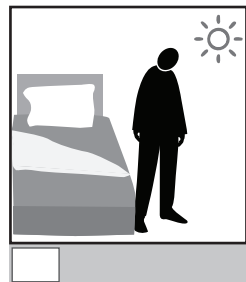
For each category, mark **ONE BOX** that is the closest to your **USUAL STATE**.



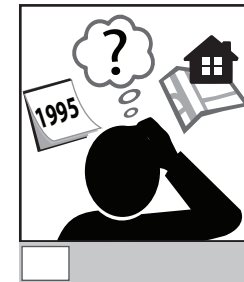
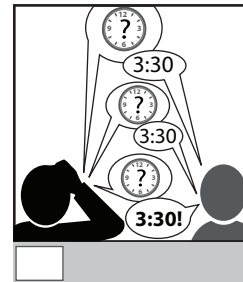
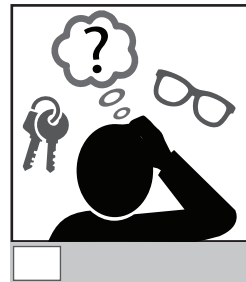
6 SOCIAL CONNECTIONS



7 DAYTIME TIREDNESS



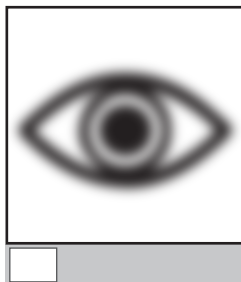
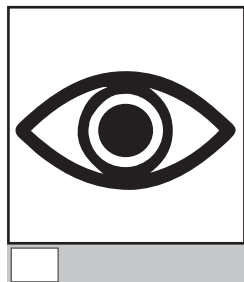
8 MEMORY AND THINKING



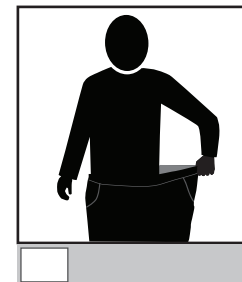
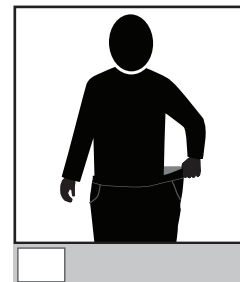
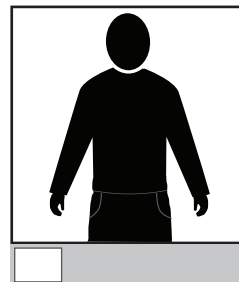
For each category, mark **ONE BOX** that is the closest to your **USUAL STATE**.



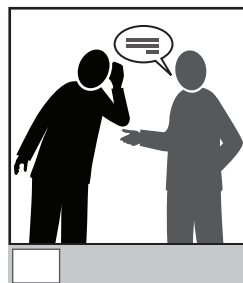
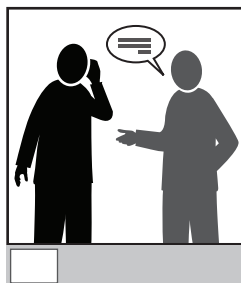
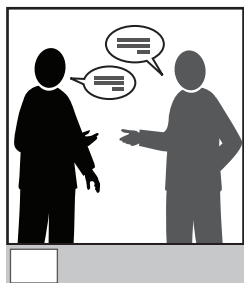
9 VISION (WITH GLASSES IF NEEDED)



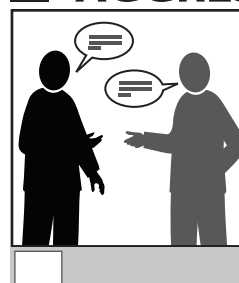
12 UNINTENTIONAL WEIGHT-LOSS



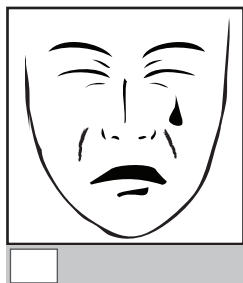
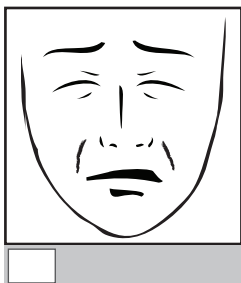
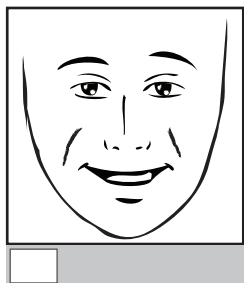
10 HEARING (WITH HEARING AID IF NEEDED)



13 AGGRESSION



11 PAIN



14 BLADDER CONTROL

